Becoming Leaders for Tomorrow (BLT)

http://blt.cpd.usu.edu

The Young Adult Voice in Utah’s YITRC

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Young Adults Leading the BLT

• Setting meeting dates and times
• Setting agendas/topics (with time for new business)
• Rotating chairperson
• Recruiting more members
• Presenting at events, videos
• Editing and input on 3 web sites
What the young adults are up to…

• Web site edits and input
  – Medical Home Portal http://www.medicalhomeportal.org
  – BLT http://blt.cpd.usu.edu
  – CSHCN Transition http://blt.cpd.usu.edu/transition_services.html

• Videos
  – Respecting the Young Adult Patient
  – Youth Leadership Advocacy Toolkit

• Conferences and Events
  – Medical Home Training for providers
  – Association of University Centers on Disabilities (AUCD) (Washington, DC)
  – Utah Regional Leadership Education in Neurodevelopmental Disabilities (LEND)
  – University of Utah Special Education classes
  – Family to Family Network meeting
Challenges

• Meetings
  – Setting dates that work for young adult’s lives: parents, students, employees (moved from afternoon to evening)
  – Navigating public transportation: (takes longer, doesn’t go to rural areas)
  – Trying different technology: phones for youth every-other month and available for big meetings
  – Keeping everyone in the loop between meetings: different styles (email vs. phone/fax)

• Recruiting youth (under 18)
Future Plans

- Recruiting more youth and more young adults for advisory committee
- Recruiting youth and young adults for training (small groups, scholarships to Family Links)
- Presenting at classes, events, conferences (Family Links, college, etc.)
- Editing content on BLT web site
- Finishing Toolkit