Becoming Leaders for Tomorrow (BLT)

The Young Adult Voice in Utah’s YITRC
Strengths

• Built on Young Adult Advisory Committee (YAC) from Medical Home grant
  – Established group, experience working together
  – Experience reviewing transition materials on MedHome Portal (www.medhomeportal.org)
  – Presentations at state-level learning sessions for providers
    (http://www.cpd.usu.edu/media/flv/?dir=UT%20Medical%20Home)
  – Presentation at AUCD

• Added experienced members from People First
Challenges

• Meetings
  – Setting dates that work for young adult’s lives: parents, students, employees
  – Navigating public transportation: not very flexible with scheduling
  – Trying different locations: not the same place
  – Trying different technology: phones, Skype
  – Keeping everyone in the loop between meetings: different styles (email vs. phone)

• Recruiting youth (under 18)
Young Adults Leading the BLT

- Setting dates and times
- Setting agendas/topics
- Rotating chairperson and location
- Time on agenda for each to speak
- Adding topics to training (social issues)
- Recruiting more members
- Giving input / opinions on activities and topics to post on future website
Future Plans

• Learning from experiences of other YITRCs
• Recruiting youth and more young adults
• Getting BLT website developed and up
• Attending leadership and transition training
• Mentoring other youth and young adults that will attend training
• Presenting at training and conferences